

ON-LOCATION/ONLINE

2243A Leckie Rd. Kelowna
250.762.4754



SCHEDULE

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No Drop-in Classes. Attend Registered Classes Only.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
KUNG FU CUBS - 4&5 yrs.						
Kung Fu Cubs		4:15-5:00 pm	3:15-4:00 pm	3:15-4:00 pm	3:30- 4:15 Make Up Class	11:15-12:00 pm
KUNG FU DRAGONS - 6&7 yrs.						
Kung Fu Dragons		3:15-4:00 pm	4:15-5:00 pm	4:15-5:00 pm	3:30- 4:15 Make Up Class	12:15-1:00 pm
CHAMPIONS KUNG FU 8 to 11 yrs.						
Champions Year 1	3:30-4:15 pm	3:30-4:15 pm	3:30-4:15 pm	3:30-4:15 pm	4:30-5:15 pm	11:15-12:00 pm
Champions Year 2	4:30-5:15 pm		4:30-5:15 pm		5:30-6:15 pm	12:15-1:00 pm
Champions Year 3		4:30-5:15 pm		4:30-5:15 pm	5:30-6:15 pm	12:15-1:00 pm
TMA (Teens Martial Arts) - 12 to 16 yrs.						
TMA Year 1	6:30-7:25 pm		6:30-7:25 pm			
TMA Year 2	6:30-7:25 pm		6:30-7:25 pm			
TMA Year 3	6:30-7:25 pm		6:30-7:25 pm			
TMA Jr.BB/Youth BB	5:30-6:25 pm	5:30-6:25 pm	5:30-6:25 pm	5:30-6:25 pm		
TMA Wing Chun		5:30-6:25 pm		5:30-6:25 pm		10:00-11:00 am
ADULT CLASSES & PROGRAMS						
HIIT Classes		6:30-7:15 pm	9:15-10:00 am	6:30-7:15 pm		9:15-10:00 am
Wing Chun		7:15-8:15 pm	10:00-11:00 am	7:15-8:15 pm		10:00-11:00 am
AMA Classes	7:30-8:30 pm		7:30-8:30 pm			