

ON-LOCATION/ONLINE

2243A Leckie Rd. Kelowna
250.762.4754



WINTER SCHEDULE

inquire@greatwayma.ca
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No Drop-in Classes. Attend Registered Classes Only.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
KUNG FU CUBS - 4 to 7 yrs.						
Kung Fu Cubs <i>All Belt Ranks</i>	3:15-4:00 pm		3:15-4:00 pm			11:30-12:00 pm
CHAMPIONS KUNG FU 7 to 11 yrs.& Demo Team						
Champions Year 1	3:30-4:15 pm	3:30-4:15 pm	3:30-4:15 pm	3:30-4:15 pm	3:30-4:15 pm	11:15-12:00 pm
Champions Year 2	4:30-5:15 pm		4:30-5:15 pm		4:30-5:15 pm	12:15-1:00 pm
Champions Year 3		4:30-5:15 pm		4:30-5:15 pm	5:30-6:15 pm	12:15-1:00 pm
					Demo Team 6:30-8:00	
TMA (Teens Martial Arts) - 11 to 16 yrs.						
TMA Year 3	5:30-6:25 pm		5:30-6:25 pm			
TMA Youth BB	5:30-6:25 pm	5:30-6:25 pm	5:30-6:25 pm	5:30-6:25 pm		
TMA Wing Chun		5:30-6:25 pm		5:30-6:25 pm		9:30-11:00 am
ADULTS & TEENS WING CHUN & HIIT CLASSES						
HIIT Interval Training	6:35 pm	6:35 pm	6:35 pm	6:35 pm		10:30 am
Wing Chun Skills Training	7:05 pm	7:05 pm	7:05 pm	7:05 pm		9:30 am
Wing Chun Skills Training	7:35 pm	7:35 pm	7:35 pm	7:35 pm		10:00 am
MISSION CLASSES						
Kung Fu Cubs <i>All Belt Ranks</i>				3:15-4:00 pm		
Champions Year 1 & 2				4:15-5:00 pm		
Champions Year 2 & 3				5:15-6:00 pm		